Periodontal Risk Assessment Questionnaire

Name __________________________ Date __________________________

Tobacco Use
Tobacco use is the most significant risk factor for gum disease.

Blood Sugar
Gum disease is a common complication of diabetes. Untreated gum disease makes it harder for patients with diabetes to control their blood sugar.

Diabetes

Heart Attack/Stroke
Untreated gum disease may increase your risk for heart attack or stroke.

Heart Attack/Stroke

Medications
A side effect of some medications can cause changes in your gums.

Are you taking or have you ever taken any of the following medication:

- Antiseizure medications. (such as Dilantin®, Tegretol®, Phenobarbital, etc.)
  - Yes [ ]
  - No [ ]
  If you answered yes, are you still taking the anti-seizure medication?
  - Yes [ ]
  - No [ ]

- Other Medication:

  __________________________

- Calcium Channel Blocker blood pressure medication. (such as Procardia®, Cardizem®, Norvasc®, Verapamil®, etc.)
  Other: __________________________

- Immunosuppressant therapy [such as Prednisone, Azathioprine, Cyclosporins, Corticosteroids (Asthma-Inhalers), etc.]
  Other: __________________________

Is there an immediate family member(s) who currently has or had gum problems in the past? (e.g. your mother, father, or siblings):

- Yes [ ]
- No [ ]
Heart Murmur, Artificial joint prosthesis
If you have even the slightest amount of gum inflammation, bacteria from the mouth can enter the bloodstream and may cause a serious infection of the heart or joints.

Females
Females can be at increased risk for gum disease at different points in their lives.

Women
Women with osteoporosis have a greater risk for periodontal bone loss.

Stress
High levels of stress can reduce your body’s immune defense.

Nutrition
Your diet has the potential to affect your periodontal health.

Do you have a heart murmur or artificial joint?
- Yes
- No

If so, does your physician recommend antibiotics prior to dental visits?
- Yes
- No

Name of physician

If you answered yes, it is especially important to always keep your gums as healthy and inflammation-free as possible to reduce the chance of bacterial infection originating from the mouth.

The following can adversely affect your gums. Please check all that apply:
- Pregnant
- Nursing
- Menopause
- Taking birth control pills
- Infrequent care during previous pregnancies

Females:
Do you take any of the following:
- Estrogen Replacement Therapy/Hormone Replacement Therapy (such as Prempro®, Premarin®, Premphase®, Fosamcin®, Actonel®, Evista®, Fortéo®, etc.)

Other:

Are you under a lot of stress?
- Yes
- No

Do you find it difficult to maintain a well-balanced diet?
- Yes
- No

All patients please complete the following:

Have you noticed any of the following signs of gum disease?
- Bleeding gums during toothbrushing
- Red, swollen or tender gums
- Gums that have pulled away from the teeth
- Persistent bad breath
- Pus between the teeth and gums
- Loose or separating teeth
- Change in the way your teeth fit together
- Food catching between teeth

Is it important to keep your teeth for as long as possible?
- Yes
- Not really

If you have missing teeth, why have you not had them replaced?

Do you like the appearance of your smile?
- Yes
- No

Do you like the color of your teeth?
- Yes
- No

Do your teeth keep you from eating any specific food?
- Yes
- No